



HEARTS • HANDS • MINDS
*for Vulnerable Children
in South Africa*

Final Report to Emasithandane Janet & Gary Clarke November 29, 2011

Janet and Gary Clarke served as Tremendous Hearts' Volunteer Professionals during the month of November, 2011 at the Emasithandane Children's Home in Nyanga.

Each of the 34 children at Emasithandane was given a health evaluation by Janet who is a Registered Nurse from the United States. The screening included height, weight, vital signs (blood pressure, temperature, pulse, respirations), lung sounds, vision, teeth, skin, general health and social adaptation. Janet's husband, Gary, and Hazel, from Emasi, assisted with the screening process.

In general the children were found to be healthy and happy, but there were several outstanding health needs that were identified and that need follow-up:

- 2 of the children need medical assessment for abnormal cardiac and respiratory findings.
- 1 child needs a surgical procedure for congenital ptosis affecting the child's eye.
- 1 youth needs further vision testing and possibly glasses.
- 1 child needs to have an HIV status check.
- 2 children were found to have significant developmental delays and need further medical evaluation.
- 11 of the children need dental care to address tooth decay and retention of baby teeth. One child needs a tooth extraction.
- Scabies sores were found on several children and this problem was addressed by buying new mattresses, washing sheets and blankets, and by having caregivers continue to apply medicine from the chemist.

In addition, Janet and Gary, with funds provided by their friends, family and the South Church in Andover, Massachusetts, created a permanent medical record and provided a current photograph of each child to assist Emasithandane in monitoring and managing the health of the children. They also provided some basic first aid supplies and replaced the kitchen sink in the home.

About Tremendous Hearts

Based in Cape Town, South Africa and Arlington, Massachusetts USA, Tremendous Hearts' provides volunteer professionals to South African children's homes and other agencies that care for orphaned, abused, neglected and vulnerable children. Our volunteers provide capacity building services and technical assistance to improve the standard of care in children's homes and to increase the number of children who are able to transition out of residential care. For more information, visit www.tremendoushearts.org.